



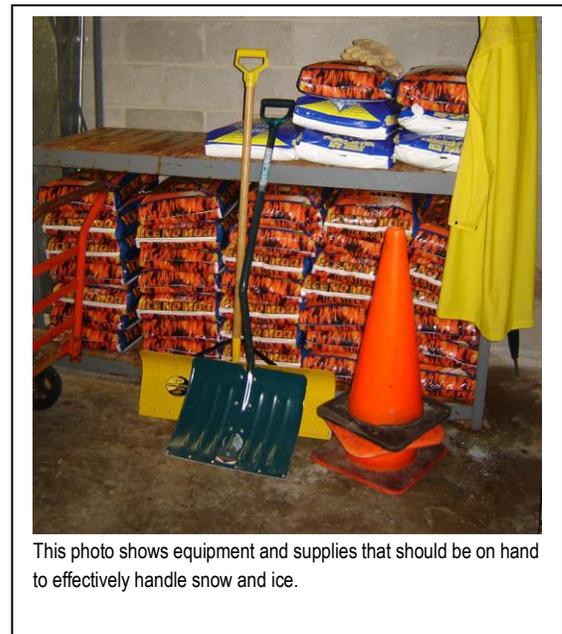
SLIP AND FALL PREVENTION: SNOW AND ICE REMOVAL

Slips and falls at senior living communities from snow and ice covered walking surfaces are a common cause of injuries to staff and visitors. Senior living communities are faced with the added exposure of people coming and going at all times during the day, increasing the need to monitor snow and ice conditions. To reduce the slip and fall exposures with snow and ice, formal procedures should be developed and followed.

SNOW AND ICE REMOVAL POLICIES AND PROCEDURES

Some senior living communities may have only their employees and/or volunteers perform snow and ice removal. For facilities with large parking lots and extensive sidewalks, they may not have the resources to do this alone, and will hire a contractor. Some may employ a combination of using their own staff and outside contractors. In any case, procedures should be put in place to address snow and ice removal, including the following:

- Designate someone to monitor snow and ice conditions. This individual will be responsible to coordinate snow and ice removal operations.
- During the months when snow and ice will be a concern, monitor weather reports daily. This will give you advanced warning of approaching weather.
- Snow and ice removal equipment should be available and ready to go, including shovels, ice melt, snow blowers, etc.



This photo shows equipment and supplies that should be on hand to effectively handle snow and ice.

- Snow removal should occur when one inch or more of snow has fallen or if ice conditions are present.
- Walkways in front of entrances should have de-icing products applied.
- Snow and ice will melt and water can accumulate inside the building at the entrances from foot traffic. These areas should be monitored closely for wet conditions. Make sure mats are in place and replaced if they become water logged.
- Look for ice conditions that could develop on walking surfaces from runoff from roofs, downspouts and other areas.
- Isolate problem areas by closing them to the general public, or install signs warning of the potential slip hazard. Make sure that by closing an area off, you are not redirecting foot traffic to other slip and trip hazards. (For example, re-routing sidewalk traffic that requires a user to step off the curb into a parking lot.)



The potential for a severe injury resulting from a slip and fall from the snow-covered steps and landing is high. This demonstrates the need to act quickly to remove snow and ice from walking surfaces.

HIRING A CONTRACTOR

If a contractor is used, the following guidelines should apply:

- The workload of the contractor should be considered. The contractor should not have too many jobs that they are unable to fulfill their responsibilities.
- The contractor should have the appropriate equipment required to adequately provide snow removal.
- The contractor should provide you with a certificate of insurance that names the senior living community as an additional insured under the contractor's insurance policy.
- A written contract should be used with a hold harmless/indemnification clause included.
- The areas the contractor is responsible for should be documented (that is, front and rear parking lots, sidewalks, etc.).
- The contractor should have guidelines as to a maximum timeframe in which to complete the snow removal, such as after the precipitation has ended (for example, two hours) or the amount of snow that has accumulated (for example, more than one inch).



This photo illustrates how melting of snow from a loading dock can cause ice conditions to develop on walking surfaces.

SNOW AND ICE REMOVAL LOG

A log documenting the steps taken to remove snow and ice can be a good defense to claims that the senior living community was negligent in snow or ice removal. Only adopt the use of a log, however, if all aspects of your snow and ice removal operations are consistently documented. The following is a sample log that can be used to document snow and ice removal.

Sample Snow and Ice Removal Log

Date: _____ Building Location: _____

Current Temperature: _____

Precipitation: Snow Sleet Freezing Rain Rain

Area	Type of Treatment						Time		
	Plow	Blow	Shovel	Salt	Sand	Anti-Icing Chemical	Time	a.m.	p.m.
Stairways/Steps	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
Sidewalks/Walkways	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
Entrances/Exits	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
Ramps	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
Parking Areas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
Person Completing Log:							Title:		
Start Time:				<input type="checkbox"/> a.m. <input type="checkbox"/> p.m.		Finish Time:		<input type="checkbox"/> a.m. <input type="checkbox"/> p.m.	
Comments:									

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You are encouraged to consult with your own attorney or other expert consultants for a professional opinion specific to your situation.

