



## TOP 10 TIPS FOR DEFENSIVE DOCUMENTATION

One of the biggest indicators for a facility to defend itself can be found in the level of its documentation. This is as true in a state survey situation as it is in a courtroom.

The term "defensive documentation" refers to a thoroughly accurate accounting of the circumstances surrounding a resident issue. It's documentation that's undertaken with the sensitivity that individuals on the outside may be reviewing the records looking for fault at a later date.

Here are 10 tips to assist your staff in documenting more defensively:

- Have a purpose for your entry. (That is, think about what you want to say before you say it);
- Be descriptive, concise, and precise;
- 3 Don't leave problems from a previous shift unaddressed;
- Don't leave the reader in suspense and wondering what happened;
- 5 Describe resident responses and reactions to therapy and medication changes;
- Avoid "labeling" terms (such as "difficult resident...problem behaviors...combative"); and describe behaviors instead;
- Avoid vague terms (such as "will monitor...observe...follow-up"); and describe what you did instead;
- Include your signature, date, and time on all entries so the reader understands the timing of the sequence of events;
- Ensure that entries correspond with the resident's care plan as much as possible; and
- 10 Use legible handwriting, dark ink, and never skip lines.

Good documentation is worth its weight in gold. It means safer care for your residents and a sounder defense for you if a lawsuit or survey issue should arise.

Periodically, GuideOne conducts a two-hour "Defensive Documentation" seminar designed to enhance documentation skills. To find the dates and locations nearest you, or to inquire about how you can become a sponsor, please send an email to <a href="mailto:info@goriskresources.com">info@goriskresources.com</a>.

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GuideOne Risk Resources for Health Care 1111 Ashworth Road West Des Moines, Iowa 50265 1-800-688-3628